

## IF YOU NEED HELP, PLEASE CALL:

### National Domestic Violence Hotline

1.800.799.SAFE or 1.800.799.7233  
1.800.787.3224 (TTY)  
www.thehotline.org

### National Sexual Assault Hotline

1.800.656.4673  
www.rainn.org

### GLBT National Hotline

1.888.843.4564  
www.glnh.org

### GLBT National Youth Talkline

1.800.246.PRIDE (7743)  
www.glnh.org/talkline

Hotlines provide crisis intervention, information, referrals and safety planning. Both hotlines are toll-free, confidential, anonymous and operate 24 hours a day, 365 days a year.

**Se habla español**

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Nevada Coalition to End Domestic and Sexual Violence (NCEDSV) is a statewide organization that was formed in 1980 to work toward the elimination of domestic and sexual violence against all persons and the empowerment of women and children.

NCEDSV helps Nevada's communities respond creatively and effectively to the needs of violence victims by providing information to service providers in the fields of domestic and sexual violence. In addition, NCEDSV provides education and advocacy to the general public and actively educates legislators on issues of concern to Nevada families.



#### Northern Nevada

250 South Rock Blvd., Suite 116  
Reno, NV 89502

#### Southern Nevada

3275 E. Warm Springs Rd.  
Las Vegas, NV 89120

**775.828.1115 NCEDSV.ORG**



## INTIMATE PARTNER VIOLENCE IN LGBT COMMUNITIES



**“ABUSE IS NOT ABOUT SIZE, STRENGTH,  
OR WHO IS MORE MASCULINE. ANYONE OF  
ANY GENDER CAN BE ABUSIVE.”**

Resources: The Network/La Red, The Northwest Network, National Coalition of Anti-Violence Programs, Survivor Project, FORGE and the National Leather Association International Domestic Violence Project.

## WHAT IS IPV?

### What is intimate partner violence (IPV)?

Intimate partner violence is a pattern of abusive behavior in any relationship that is used by one partner to gain or maintain power and control over the other person. Intimate partners may include people who are civilly united, currently or formerly dating or living together, or who have children together or are married (Source: U.S. Office on Violence Against Women.)

### Does your partner...

- Get jealous or accuse you of cheating or flirting with others?
- Make fun of your sexual or gender identity?
- Prevent you from being out?
- Try to control how you act or dress?
- Force you to choose between being straight or being gay?
- Not respect your sexual boundaries or safe word? Not willing to negotiate for the safety of both partners or follow established rules for consensual pleasure?
- Pressure you to have sex in ways you do not want to?
- Keep you from going to LGBTQ or other community events?

If you answered “yes” to any of these questions, you may be experiencing abuse.



## TYPES OF ABUSE

- **Physical Abuse** includes hitting, shoving, slapping, hair pulling, biting, kicking, hitting with objects, stabbing, or shooting. Physical abuse can also include withholding medications,, hormonal therapy, medical care and food necessary to maintain health.
- **Emotional or Psychological Abuse** weakens your sense of self-worth by constant criticism, belittling, minimizing, denying, name-calling and blaming. Reinforcing internalized homophobia, biphobia, or transphobia. Accusing you of “mutual abuse.” The abuser may say you are responsible for the abuse and may also threaten to harm or take the children or harm the family pet.
- **Sexual Abuse** includes being forced, threatened, or deceived into sexual activities which you do not want to do, rape, or someone looking or touching you in ways that make you feel uncomfortable, body shaming, or starting sexual rumors.
- **Economic Abuse** may prevent you from getting or keeping a job, making you ask for money, forcing you to make due with an allowance, taking money, or not letting you have access to the family income.
- **Cultural/Identity Abuse** may include outing you to family and coworkers as LGBTQ, forcing you to speak English at all times, shaming you for your sexual or gender identity,, religion, immigration status, or race, saying no one will believe you since you are LGBTQ and isolating you from cultural communities.
- **Stalking** refers to the willful, malicious and repeated following or harassment of another person. It includes behaviors that serve no other purpose than to annoy, alarm, or terrorize you.

## YOU CAN HELP BY...

### For help, consider these options:

Call any of the hotlines listed in this brochure to locate a community-based advocacy program in your area and ask to speak with an advocate. All services are premised on support, empowerment, options, and safety for you and your children and/or pets. All services are free and confidential. Ask them about emergency shelter, safety planning and legal assistance.

### What is a Healthy Relationship?

- A healthy relationship is based on equality and shared responsibility by making decisions together and mutually agreeing on a fair distribution of work.
- Economic equality includes making money decisions together and making sure both partners benefit from the financial arrangements.
- Responsible parenting by being a positive non-violent role model for children and sharing parental responsibilities.
- Showing respect by listening, being emotionally affirming and valuing opinions, feelings, friends and activities.
- Sexual activities are always consensual.
- Talking and acting so that the partner feels safe and comfortable expressing opinions, being willing to compromise and offering trust and support.
- Seeking mutually satisfying resolutions to conflict. Accepting change and being willing to compromise.
- Accepting responsibility for oneself and admitting being wrong.
- Communicating openly and truthfully.