

Example of a Better Case Note

Community Health Worker: Joni Williams

Case note date: 8/21/2018

Client's name: Jay Grayson

Client ID: 5692348

Encounter date: 8/20/2018

Subjective: During scheduled home visit by CHW, the client describes feeling very tired in the mornings and not being able to get out of bed until after 11 a.m. Client reports that this change in his morning routine began a week ago after starting new medication. Client reports he has been late getting to work and may be fired from his job. Client is very worried about not having income if he loses his job.

Objective: CHW arrives at 31-year-old client's home at 10:30am per client request. Client got out of bed to answer the door bell. Client yawns throughout visit and speech is slow and disjointed. The client's living area is messier than usual. Client was visibly upset about possible loss of job and the consequences of not having rent money.

Assessment: Client started a new medication 8 days ago. Other than the new medication, client denies any recent changes in lifestyle which may be affecting his usual sleep pattern. CHW agrees that client may be having difficulty with new medication. CHW verified the name of drug and identified the PCP as the prescriber. Client and CHW explored possible ways to address the problem.

Plan: During home visit, CHW assisted the client to make same day appointment with client's PCP to determine if a medication adjusted is needed. The appointment is at 2:00pm. The CHW to return to client's apartment at 1:15pm to pick up client and accompany client on PCP visit. During PCP visit, client to explore sleep problems and possible solutions. Following PCP visit, CHW to provide support for client contacting employee about tardiness and to facilitate continued employment.